

**Amber Cook, MT-BC**

**PROFESSIONAL PROFILE/ACHIEVEMENTS**

- Bachelor of Music Education with a Major in Music Therapy
- Board Certified Music Therapist
- 12 years as a practicing music therapist
- 15 years of teaching music lessons
- 5 years of classroom teaching

**PROFESSIONAL EXPERIENCE**

Tanager Place: Cedar Rapids, Iowa

March 2012-Present

**Music Therapist**

- Assess clients for qualification into the music therapy program
- Provide music therapy on a one on one basis, which includes but is not limited to children, adolescents and young adults with developmental, behavioral, and mental health challenges.
- Provide family music therapy sessions
- Planned and led a drumming improvisation group that included adolescents who experienced trauma that caused difficulty in communicating thoughts and emotions
- Planned and led a social skills group for children ages 4-7 who have autism spectrum disorder
- Created spot light performances for clients to showcase their progress for peers and family members
- Prepared students for a music recital in which they performed for friends and family
- Provided group music therapy at the on-site school
- Planned and co-led group therapy sessions with an art therapist to engage clients with a combination of art and music techniques
- Collaborate with the client's family through the treatment planning process
- Research funding options for families through resource connections

Dr, Patricia McGuire/Springtides: Cedar Rapids, Iowa

March 2006-March 2012

**Music Therapist**

- Provided music therapy to children and adolescents with developmental and behavioral disabilities
- Assessed clients for qualification into the music therapy program
- Planned and led music therapy sessions for clients on an individual basis
- Planned and led music therapy sessions for large and small groups
- Developed and implemented a music therapy and social skills summer program
- Developed and implemented a program for daycare centers, preschool programs, and special education programs titled, "Music on the Move"
- Provided music lessons to children and adolescents with developmental and behavioral challenges
- Prepared students for a music recital in which they performed for friends and family
- Co-led a parent engaging program titled, "Parents as Therapists"

Five Seasons Learning Centers: Cedar Rapids, Iowa

August 2001-March 2006

**Preschool Teacher**

- Co-led a classroom of 20 children who were preparing for entrance into Kindergarten

Capital District Beginnings: Troy, New York

January 2001-August 2001

**Music Therapy Intern**

- Provided music therapy to children birth to 10 years of age with a variety of special needs
- Planned and led activities for small and large groups of children
- Composed simple songs to relate to each child's classroom themes and needs
- Active member of the inter-disciplinary team
- Used music that integrated social and academic skills useful for entrance into Kindergarten

Horizons Chemical Dependency Treatment Facility: Waterloo, Iowa

Winter, 2000

**Music Therapy Field Experience**

- Led lyric analysis and song-writing activities to facilitate group discussions
- Conducted pre- and post-session assessments of client mood

Southeast Elementary: Waverly, Iowa

Fall, 1999

**Music Therapy Clinical**

- Planned and led activities to increase physical movement, creative enjoyment, and proper social skills through music

Waverly Headstart: Waverly, Iowa

Winter, 1998

**Music Therapy Clinical**

- Used music that integrated social and academic skills useful for entrance into Kindergarten

Riverhills: Cedar Falls, Iowa

Fall, 1996

**Music Therapy Clinical**

- Taught a small group of three-year-olds with Autism basic social skills through music

**SOCIETIES/MEMBERSHIPS**

- AMTA: American Music Therapy Association
- ICMT: Iowa Chapter of Music Therapy
- AAMFT: American Association for Marriage and Family Therapy

**PROFESSIONAL SPEAKING ENGAGEMENTS**

Early Childhood Blastoff Conference: Cedar Rapids, Iowa

2011

**Music for Infants and Toddlers**

Kirkwood Community College: Cedar Rapids, Iowa

2011-2012

**The Whys of Behavior and What Music Can Do**

Region 5 Early Care and Education Conference: Ottumwa, Iowa

2008

**The Whys of Behavior**

Cedar Rapids Public Library: Cedar Rapids, Iowa

2007

**The Benefits of Music Therapy**

Iowa AEYC Conference: Des Moines, Iowa

2007

**The Use of Music to Enhance Learning and Improve Behavior in Young Children**

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Early Childhood Blastoff Conference: Cedar Rapids, Iowa  
**Music and the School-Aged Child** 2007

Early Childhood Blastoff Conference: Cedar Rapids, Iowa  
**The Use of Music to Enhance Learning** 2004

Music Educators Meeting: Cedar Rapids, Iowa  
**Music Therapy vs. Music Education** 2003

**CONFERENCES AND TRAININGS**

Tanager Place: Cedar Rapids, Iowa April, 2016  
**How Brain Development Effects Emotional Regulation and Techniques for Increasing Self-Regulation**  
Stacie Mitchell

Tanager Place: Cedar Rapids, Iowa April, 2016  
**Cultural Competency/Humility**  
Motier Haskins  
University of Iowa Social Work

Prairiewoods: Hiawatha, Iowa May, 2014  
**The Bonny Method of Guided Imagery and Music Level 1**  
Therapeutic Arts Institute

Tanager Place: Cedar Rapids, Iowa September, 2013  
**Depression and Suicide Prevention**  
Kathleen Wild

Tanager Place: Cedar Rapids, Iowa May, 2013  
**Bruce Perry Video**  
Bruce Perry

Wartburg College: Waverly, Iowa May, 2013  
**Professional Growth in Iowa Music Therapy**  
Iowa Chapter of Music Therapy

Tanager Place: Cedar Rapids, Iowa April, 2013  
**The Core Concepts of Trauma Informed Practice**

West Music: Coralville, Iowa February, 2013  
**Using Technology in Your Music Therapy Practice**  
Iowa Chapter of Music Therapy

Midwest Music Therapy Conference: Iowa City, Iowa April, 2012

National Music Therapy Conference: Kansas City, Missouri 2006

Midwest Music Therapy Conference: Iowa City, Iowa 2006

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Midwest Music Therapy Conference: Minneapolis, Minnesota 2003

Midwest Music Therapy Conference: St. Louis, Missouri 2000

National Music Therapy Conference: Washington, DC 1999

Midwest Music Therapy Conference: Clear Lake, Iowa 1996

**LICENSES/CERTIFICATIONS**

Bonny Method of Guided Imagery and Music  
**Level 1 Certified** 2014

Certificate of Mastery in Floortime 2011

Iowa Certification Board of Music Therapy (CBMT)  
**#06567** 2002

**EDUCATION**

Mount Mercy University: Cedar Rapids, Iowa August 2016-Present  
Masters in Marriage and Family Therapy

Wartburg College: Waverly, Iowa September 1996-May 2000  
Bachelor of Music Education (BME) with a Major in Music Therapy