

Sonia Liliana Liggins

LICENSURE

2017 Temporarily Licensed Mental Health Counselor (LMHC-t, License #085495), Iowa
LMFT-t, Iowa license eligible, pending exam

EDUCATION

2015 M.A., Counseling Psychology, emphasis in Latino Counseling (LMFT/LPCC Track)
Santa Clara University, Santa Clara, Ca.
2008 B.A., Psychology,
Point Loma Nazarene University, San Diego, Ca.

CLINICAL EXPERIENCE

- 2017-Present Tanager Place, Cedar Rapids, Ia.**
Temporarily Licensed Mental Health Counselor, #085495, *Outpatient Clinic Services*
- Offer clinical counseling services at the Tanager Place Outpatient Clinic for individuals and families in English and Spanish. Offer bilingual and bicultural therapy services to Latino immigrant populations.
 - Conduct assessments and develop a treatment plan according to client diagnosis. Provide therapeutic interventions through individual and family therapy. Monitor client progress and document it in notes. Coordinate treatment services with primary care physician and/or psychiatrist, Pediatric Integrated Health Program, and Behavioral Health Interventions Services, and/or provide the client with appropriate referrals.
 - Advance the Spanish Services Initiative within the Outpatient Clinic by building relationships with community partners, collaborating with other service providers in Linn County and Johnson County, helping translate intake paperwork, and securing funding to help cover services or uninsured clients.
- 2014-2016 Youth Service Bureaus of the YMCA, San Mateo, Ca.**
Marriage & Family Therapist Intern #88659, South San Francisco & San Mateo Clinic, San Mateo High School
Marriage & Family Therapist Trainee, San Mateo Clinic, The Bayside STEM Academy, & Meadow Heights Elementary
- Offer clinical counseling services in the Youth Service Bureau clinics for individuals and families, as well as on-site counseling and assessment at San Mateo/Foster City School District schools; crisis intervention, on-campus violence prevention, adolescent life skills/support groups, and children social skill/friendship groups. Serving referrals from San Mateo County Mental Health Services, School-Based Mental Health, Diversion Program, First Stop Program, and Unaccompanied Minors Group.
 - Conduct assessments and develop a treatment plan according to client diagnosis. Provide therapeutic interventions through individual or group therapy. Monitor client progress and document it in notes. Coordinate treatment services with primary care physician and/or psychiatrist, and/or provide the client with appropriate referrals.
 - Conduct Spanish intake, coordinate and schedule client sessions with clinicians and/or provide the client with appropriate referrals as needed.

GENERAL EXPERIENCE

- 2012-2014 Peninsula Conflict Resolution Center, San Mateo, Ca.**
Mediation Intake Specialist, Mediation & Facilitation Services
- Manage and supervise Mediation Line, assist callers by providing information about Peninsula Conflict Resolution Center programs and services, and referrals to other resources and agencies as needed.
 - Provide mediation case intake, open new mediation cases and maintain timely and accurate case data in case management database.
 - Supervise office/intake volunteers and volunteer interns, including recruiting, scheduling, orienting, training, and giving feedback in support of ongoing skills development.
- Accomplishments: Successfully launched new mediation line and facilitated transition of referrals with stakeholders in the community. Partnered with the Alternative Dispute Resolution & Legal Support Services at Small Claims Court in Redwood City to pilot on-site intake outreach. Created and established systems and processes for mediation case intake, including cloud-based reference materials, process flow charts and resources for logging and collecting caller and intake data (i.e., Call Log and Online Volunteer Wiki.) Developed communication skills for de-escalating and working with clients in conflict.*
- 2012 & 2014 Galileo Learning, Inc., Palo Alto, Ca.**
Lead Instructor for Supernova Art (3rd-5th grades), Camp Galileo
- Prepare for and deliver three rotations of Galileo curriculum in art per day to groups of up to 24 campers for 8 weeks.
 - Provide leadership, energy and camp spirit for campers, constantly assessing group dynamics and the needs of individual campers.
 - Supervise Team Leaders working in program area and inspire them to become excellent instructors.

Operations Coordinator, Camp Galileo

- Provide administrative and management support to the Camp Director, and provide excellent customer service to camp families.
- Prepare, manage, and maintain weekly camper paperwork and materials needed for camper check-in, check-out, extended care, including inputting and downloading data from Salesforce.
- Provide support in classrooms as needed. Contribute to and participate in daily opening and closing ceremonies, all-camp activities, and snack and lunch supervision and programming.

Accomplishments: Gained interpersonal skills to work with a diverse group of parents from Palo Alto and international countries. Learned to adapt and work in a fast paced environment with camp staff, students, and parents. Adapted daily art curriculum as needed to improve the camper experience or accommodate individual camper needs.

2010-2012

Point Loma Nazarene University, San Diego, Ca.

Department Assistant, Psychology, Sociology/Social Work

- Provide administrative support to the Sociology and Psychology Department Chairs, the Director of the Center for Justice & Reconciliation, and the Chair of the Institutional Review Board. Assist with preparing reports for projects such as committee minutes, alumni newsletters, and workshop activities.
- Oversee departmental and center budgets and tracking of expenses.
- Maintain department websites.
- Facilitate and assist approximately 12 fulltime faculty members and approximately 10 adjunct faculty in conducting the business of the departments and affiliated centers. Assist faculty in the preparation of exams, handouts, reports, readers, and correspondence.
- Manage departmental events including Commencement Receptions, Homecoming, Student Club Events, Departmental Chapels and other related activities.
- Assist departmental faculty in their direct supervision of teaching assistants. Manage time cards for the Sociology and Psychology TAs and supervise the Psychology TAs who work at the Psychology department.
- Serve as the official building coordinator of Rohr Sociology and Culbertson Hall. This includes security, maintenance, and responsibility for PLNU's "Emergency Response" in both buildings.

Accomplishments: Gained knowledge of working with university undergraduate students. Developed communication and listening skills when working with university undergraduate students, faculty, and staff.

2005-2010

Barrio Logan College Institute, San Diego, Ca.

Elementary School Coordinator

- Empower the socio-emotional well-being and academic growth of more than 40 (3rd-5th grade) Latino first generation college bound students per year.
- Prepare and manage weekly program curriculum, and extracurricular activities.
- Develop and implement academic enrichment workshops.
- Maintain student files and evaluate student academic progress.
- Conduct family case management and provide referrals families as needed.
- Provide direct supervision of 3 part time staff and 5 volunteers.
- Oversee program budget and tracking of expenses.
- Manage program events including parent workshops, fieldtrips, special summer programming, and guest speakers.
- Promoted from Learning Guide to Elementary School Coordinator.

Accomplishments: Restructured the Elementary Program. Developed a standards-based curriculum for 3rd- 5th grade after-school cohorts. Drafted the first Operations Manual for the Elementary Program. New and existing program partnerships were developed and nurtured with 6 partner agencies. Fundraised approximately \$10K to cover expenses of annual summer trips.

LEADERSHIP & SERVICE

2018-present

Member, Cultural Awareness Committee, Tanager Place

Work to develop and implement ways to promote cultural inclusion within the agency. Develop cultural competence with the organization and community. Collaborate with Youth Port Training Committee to help put together Inclusion into the Community Training.

2016-Present

Bilingual Advocate, Court Appointed Special Advocates for Children of Iowa –Johnson County

Be an effective voice and advocate in court for abused and neglected children, strengthening efforts to ensure that each child is living in a safe, permanent and nurturing home. Promote the child's best interest through investigation, assessment, facilitation, monitoring, and advocacy.

2012-2013

Student Co-Chair, Santa Clara University—Counseling Psychology, Multicultural Committee

Student leader of multicultural committee in counseling psychology graduate program. Help organize events surrounding multicultural awareness in counseling.

- 2006 Playroom Volunteer (Practicum), Rady Children's Hospital and Health Center—*Orthopedics Rehabilitation San Diego, Ca.*
Work with patients, families and staff in an effort to maintain normalcy for the hospitalized patient. Support is provided primarily in the Play Room/Activity Rooms within the Orthopedics Rehabilitation patient care area. Activities include playing games, painting, coloring and other special projects.

INTERNATIONAL EXPERIENCE

- 2010 Group Co-Leader, Love Works, *Maetang, Thailand*
Responsible for co-leading 13 university students in outreach trip to the villages of northern Thailand. Prepare lesson plans and implement over 150 English lessons (K-12) in neighboring primary and preparatory schools. Plan and execute Maetang Tribal Children's Home (MTCH) service projects. Organize children programs and activities at the MTCH.
- 2007 Student Participant, Love Works, *Pilar, Argentina*
Student participant in province outreach and primary bilingual translator for "Extreme," a 500 individual service event for revitalization of community and the building of *Church of the Nazarene Bruno Radi International Convention Center*.
- 2006 Student Participant, Love Works, *Rwanda, Africa*
Student participant in outreach to the villages of Rwanda. Assistant in the completion of building and inauguration of *Gisenyi's Church of the Nazarene*, provide food dispensary to AIDS orphaned children, interview genocide survivors, plan and implement children programs in various villages.
- 2005 Student Co-Leader, S.A.L.T. Camps (formerly called Youth Works), *Baja California, Mexico*
University student leader of middle and high school students doing outreach trip in Mexico. Primary bilingual interpreter for group.

AWARDS

- 2018 Lisa Miller Soaring Above Employee Excellence Award, Tanager Place, *Cedar Rapids, Ia.*
2014 Latino Scholar Scholarship, Santa Clara University, *Santa Clara, Ca.*
2013 Molina Health Care Scholarship for Latino Counseling, Santa Clara University, *Santa Clara, Ca.*
2007 C. Eugene Mallory Scholarship, Point Loma Nazarene University, *San Diego, Ca.*

TRAININGS & CONTINUING EDUCATION

- 2018 Fostering Connections through Family Play Therapy (6.5 hours), Tanager Place, *Cedar Rapids, Ia.*
2017 ASIST—Applied Suicide Intervention Skills Training (12.5 hours), Tanager Place, *Cedar Rapids, Ia.*
2013 Basic Facilitation (12 hours), Peninsula Conflict Resolution Center, *San Mateo, Ca.*
2010 Introductory Mediation Skills (28 hours), National Conflict & Resolution Center, *San Diego, Ca.*

PROFESSIONAL AFFILIATIONS

- 2015-Present American Counseling Association, Member
2014-2016 California Association of Marriage & Family Therapists, Member
2008 The National Honor Society of Psychology, Point Loma Nazarene University, *San Diego, Ca.*

POSTER COFERENCE PRESENTATIONS

- Owen, C. E., **Corrado, S. L.**, Schaeffer, K. (2012, April). *The Effects of Attachment on the Likelihood of Forgiveness*.
Poster presentation for the Western Psychological Association Annual Convention, San Francisco, CA.
- Cramer, K. L., **Corrado, S. L.**, Bomba, J. L., Nada, A. R., and Wu, J. T. (2009, April). *Asian, Latino, and White Interracial and Same Race Marriage Assessment*. Poster presentation for the Western Psychological Association Annual Convention, Portland, OR.
- Nada, A. R., Bomba, J. L., **Corrado, S. L.**, Cramer, K. L., and Wu, J. T. (2009, April). *Marital Satisfaction in Relation to Premarital, Current, and Web Behaviors*. Poster presentation for the Western Psychological Association Annual Convention, Portland, OR.
- Corrado, S. L.**, Tardie, L. E., Radke, K. R., and Wu, J. T. (2008, April). *Marital Satisfaction in Asian American Couples: a pilot study*. Poster presentation for the Western Psychological Association Annual Convention, Irvine, CA.
- Radke, K. R., Tardie, L. E., **Corrado, S. L.**, and Wu, J. T. (2008, April). *A Deeper Understanding of Attachment Quality and Psychological Distress*. Poster presentation for the Western Psychological Association Annual Convention, Irvine, CA.