

ABBY SEYFER, LISW, RPT

Education:

University of Iowa – School of Social Work, Iowa City, IA

- Masters in Social Work, May 2013

Luther College, Decorah, IA

- Bachelor of Arts, May 2010
- Majors: Psychology & Sociology

Work Experience:

Tanager Place, Cedar Rapids, Iowa

Clinical Supervisor of School Based Clinicians/Therapist

November 2016- Present

- Provide individual supervision to 14 clinicians on a weekly to bi-weekly basis in which we discuss treatment progress, relationships with both clients and self, as well as supports within the school environment.
- Hire and train new clinicians.
- Implement quality control by reviewing documentation submitted by clinicians and ensuring that it's audit ready at all times.
- Provide presentations and trainings to agency staff, community partners and local school districts regarding trauma informed practices.
- Maintain a caseload of 2 to 3 children and families with an emphasis on play therapy and attachment.

Tanager Place, Cedar Rapids, Iowa

School Based Therapist

October 2015- November 2016

- Maintain a caseload of 35 clients within a specific school, in which a therapeutic relationship was built and maintained while paying particular attention to trauma-informed care.
- Implement various therapeutic modalities such as play therapy, expressive arts, and EMDR with clients and their families.
- Provide training and consultation to various teachers and staff within the school to increase trauma informed practices.
- Document all services, attend team meetings, and work closely with both Tanager Place staff as well as school staff to enhance client outcomes and provide supportive care.

Tanager Place, Cedar Rapids, Iowa

Clinic Therapist

July 2013 – October 2015

- Conduct weekly individual and family therapy sessions with children, adolescents, and adults diagnosed with a variety of disorders.

Professional Training and Certifications:

- Registered Play Therapist
- Adlerian Play Therapy – Dr. Terry Kottman
- Theraplay – Theraplay Institute
- EMDR Trained – EMDRIA
- Attachment, Trauma and Psychotherapy – Dr. Daniel Siegel