

MENTAL WELLBEING CLINIC

The Mental Wellbeing Clinic at Tanager offers specialized mental health care for children, adolescents, young adults, and families. Our approach is grounded in a trauma-informed, relational model of care, emphasizing accessible, evidence-based support delivered with empathy, expertise, and respect.

CLINIC HOURS



Monday: 8:00 AM - 6:00 PM
Tuesday: 8:00 AM - 7:00 PM
Wednesday: 7:15 AM - 6:00 PM
Thursday: 8:00 AM - 7:00 PM
Friday: 7:15 AM - 4:30 PM

REFERRAL & CONTACT INFORMATION

We welcome referrals from primary care providers, pediatricians, therapists, educators, and families.

-  319-286-4545 to schedule or make a referral
-  1030 5th Ave SE, Cedar Rapids, IA



Emily Reiter, ARNP

MEET OUR PROVIDERS

Emily has worked in the mental health field for 15+ years and brings a thoughtful, whole-child approach to medication management. She supports children and adolescents with a wide range of diagnoses and works closely with families to ensure care is personalized and developmentally appropriate.

+Now accepting new clients age 6-21.



Dr. Babcock, MD

Dr. Babcock is a child and adolescent psychiatrist with over 14 years at Tanager. He earned his MD and Master's in Physiology from the University of California Davis, and completed residency and fellowship at the University of Iowa Hospitals and Clinics. He provides psychiatric care for children of all ages, with a special focus on young children with complex needs.

+Now accepting new clients



Dr. LaRocco, PhD

Dr. LaRocco conducts psychological assessments to help identify underlying cognitive, emotional, or behavioral factors contributing to a child's difficulties. He holds a Ph.D. in School Psychology and an Educational Specialist degree from the University of Iowa, with a background in both education and mental health.

PSYCHIATRIC SERVICES

Our psychiatric team evaluates and treats a wide range of mental health conditions in youth through evaluation and medication management.

We currently offer care through two experienced psychiatric providers. This structure allows for:

- Greater continuity and consistency of care
- Meaningful provider-client relationships
- Stable treatment planning for families

Common reasons for referral include:

- ADHD
- Anxiety and Depression
- Mood disorders
- Trauma related symptoms
- Behavioral challenges

Medication management services are available for clients aged 6 and older.

We recognize that consistency in care is essential for building trust and promoting positive outcomes. That's why we currently offer psychiatric services through two dedicated providers. This focused approach ensures that each youth and family gets personalized care.



PSYCHOLOGICAL TESTING & EVALUATION

Tanager offers comprehensive psychological and diagnostic assessments for youth aged 5-18 (as young as 2 for developmental concerns). Our licensed psychologists use validated tools to provide diagnostic clarity and guide treatment or school supports.

Our assessments support diagnosis and treatment plans for:

- ADHD
- Anxiety & mood disorders
- Behavior and emotional challenges
- Learning difficulties & IQ assessment
- Developmental Delays

WHY CHOOSE TANAGER?

At Tanager, we believe healing happens through relationships, compassion, and expert care. Our team is dedicated to supporting the mental and emotional wellbeing of every child we serve. We focus on the whole child—and the systems around them—to ensure long-term success at home, in school, and in the community.

For additional information about the clinic, scan the code or visit us online: tanagerplace.org/treatment/

Contact Us Today:
✉ info@tanagerplace.org
☎ (319) 286-4545
👉 Follow us @tanagerplace

