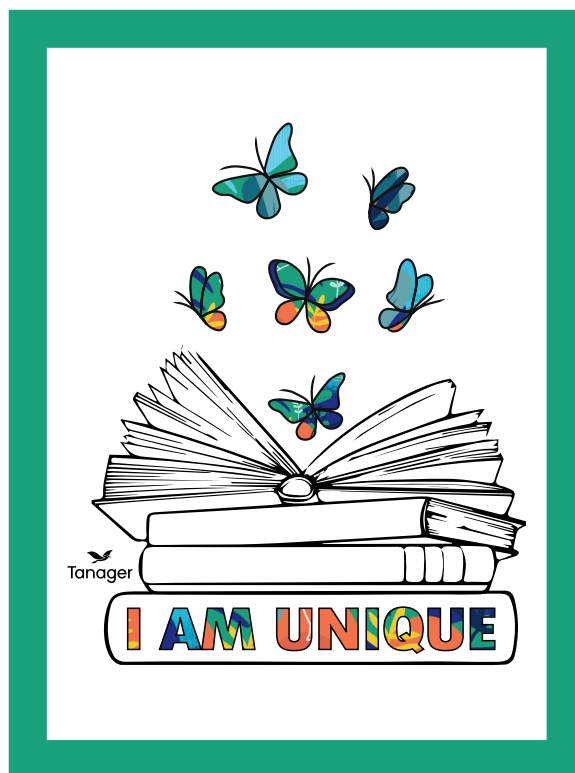
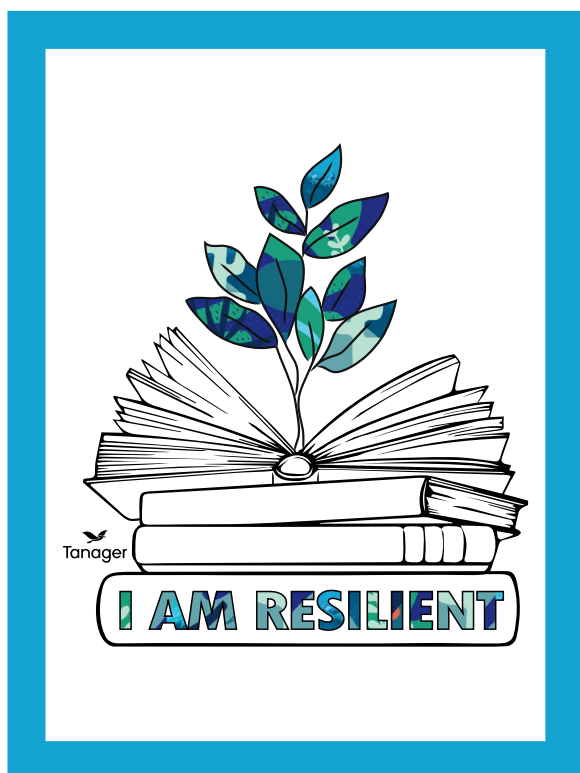
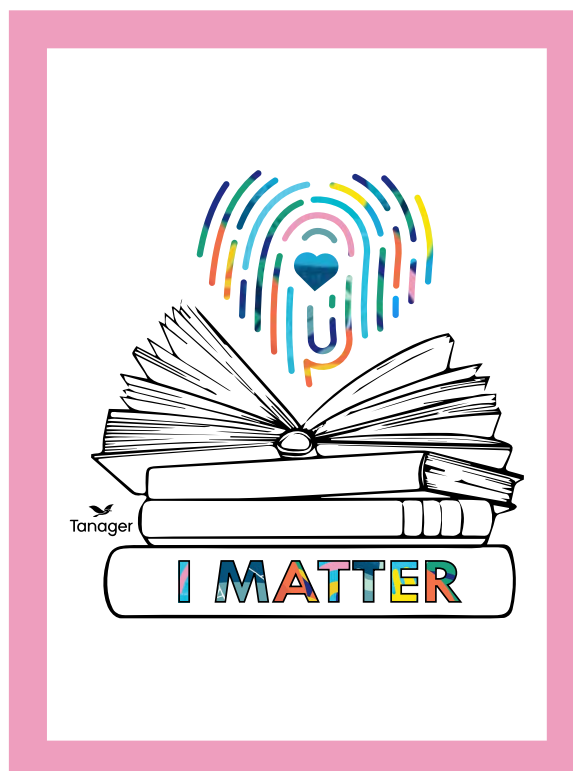
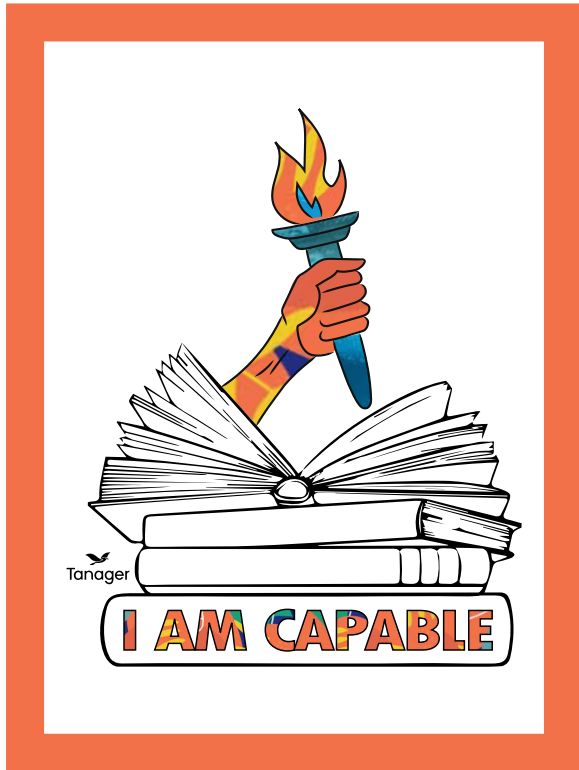




(Cut to create individual cards and write personalized messages on the back.)

Use the blank card to write your own affirmation or inspiring message.)





Some suggestions for additional affirmations include:

- I Am Worthy
- I Am Important
- I Am Strong
- I Am Enough
- I Am Loved
- I Am Brave