

# BRIGHT FOUNDATIONS THERAPEUTIC CHILD CARE

Bright Foundations Therapeutic Child Care is a specialized early childhood program for young children who struggle to thrive in traditional childcare settings due to emotional, behavioral, developmental, or social emotional challenges. Our program blends high quality childcare, therapeutic support, and strong family partnership in a nurturing and structured environment to help children build skills early and prepare for long term success.

## CONTACT & REFERRALS

We welcome referrals from primary care providers, pediatricians, therapists, educators, and families.

- ☎ 319-286-4543 to schedule or make a referral
- ✉ Email [childcare@tanagerplace.org](mailto:childcare@tanagerplace.org)
- 📍 1030 5th Ave SE, Cedar Rapids, IA



## WHO IS THE PROGRAM FOR?

Bright Foundations may be a good fit for young children who:

- Need more structure, predictability, and support
- Have difficulty regulating emotions or behavior
- Experience social-emotional, sensory, or developmental challenges
- Are not thriving in traditional child care settings

\*Our program focuses on early intervention, supporting children before they enter kindergarten

## WHAT MAKES BRIGHT FOUNDATIONS DIFFERENT?

Bright Foundations serves 8 to 12 children at a time, allowing for highly individualized attention and care. Our program also offers a therapeutic alternative to traditional child care, including:

- Small group size with lower child to staff ratio
- Predictable structure and routines
- Trauma informed, relationship based care
- Nurturing therapeutic environment
- Staff trained in social and therapeutic practices
- Intentional teaching of coping and regulation skills
- Strong communication and family partnership

## DAILY STRUCTURE

Each day at Bright Foundations is designed to be structured, predictable, and nurturing, helping children feel safe while supporting learning, regulation, and developmental growth through intentional routines and activities.

- Warm welcomes and morning circle
- Educational and play-based learning
- Movement and sensory breaks
- Group social emotional learning
- Therapeutic activities and support
- Outdoor and gross motor play
- Meals and rest time
- Closing circle and supportive transitions



## INTEGRATED THERAPEUTIC SUPPORT

Bright Foundations integrates therapeutic approaches throughout the daily environment to support each child's emotional, behavioral, and developmental needs. Services are individualized and coordinated with families to promote consistent progress across home, child care, and community settings.

- Individual, group, crisis, and family therapy
- Expressive arts therapies
- Individual, group, and family Behavioral Health Intervention Services
- Therapeutic strategies embedded daily
- Ongoing collaboration with caregivers

## FAMILY PARTNERSHIP & COMMUNICATION

Bright Foundations believes strong family partnership is essential to a child's success. We prioritize open communication, collaboration, and shared goals to ensure consistent support across home and child care environments.

- Regular communication with families
- Collaborative goal setting and treatment planning
- Ongoing updates on progress and needs
- Support for carryover of strategies at home
- Coordination with caregivers and service providers

For additional information  
about the clinic,  
scan the code or visit us online:  
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Contact Us Today:

✉ [info@tanagerplace.org](mailto:info@tanagerplace.org)

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